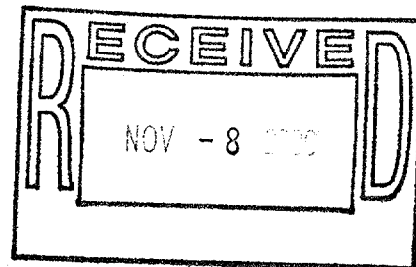


Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



November 3, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of Formula X Circu Pressure Tablets (dietary ingredients: vitamin E, vitamin B-6, folic acid, calcium, magnesium, potassium, guggul extract, hawthorn extract, ginger extract, coleus, grape skin extract, coenzyme Q-10). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

Herbal Complex to help support circulation.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.